

It is still cold and flu season and practicing good hygiene can help to limit the spread of viruses in our schools. At Miniapple International Montessori, we take essential daily precautions and we have health and safety cleaning, sanitizing and handwashing protocols in place to prevent and respond to communicable diseases within our schools. We ask for parent cooperation in following these protocols so we can maintain a healthy environment for our students, families and staff:

To keep your family safe:

- Maintain good hand hygiene by washing your hands often with soap and water for at least 20 seconds:

- upon arrival at school
- before and after eating
- after toileting or diaper changes
- after playing outside
- before and after using sensory materials
- after coughing or sneezing
- after using a facial tissue
- upon arriving at home

If soap and water are not available, use an alcohol-based hand sanitizer.

- Cover your mouth and nose when you cough or sneeze using a tissue and then throw the tissue in the trash; if tissues aren't available, cough or sneeze into the inside of your elbow.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Follow the illness exclusion policy in the Miniapple International Montessori Parent Handbook
- Stay home when you are sick and do not return to work or school until you have been fever-free without the use of fever reducing medication for at least 24 hours.
- Promptly pick up your sick child from school
- Clean with soap and water and disinfect with bleach frequently touched objects and surfaces. All mouthed toys in infant and toddler classrooms are immediately placed in separate container to be cleaned and sanitized.
- Miniapple consults with the health nurse monthly to review and update health and safety practices.
- It is helpful if parents inform us if they have travelled internationally or have been in contact with others who have.

Miniapple International Montessori Schools will cooperate fully with state and local government disaster planning agencies to prepare for or react to any disease outbreak.

Thank you for partnering with us to keep our students healthy!